NAME: **GRADE:**

FRIENDS OF PACIFIC BEACH SECONDARY SCHOOLS

FOPBSS

PACIFIC BEACH MIDDLE SCHOOL - MISSION BAY HIGH SCHOOL

FOPBSS encourages MBHS students to give back to their community by donating their time through service.

Please keep track of the hours you contribute to a worthy cause, including:

school or community clean-ups
babysitting at school or church meetings or events
non-profit entities
helping elderly neighbors
special projects for those in need

Participants who complete a minimum of 25 hours during the school year will enjoy a FOPBSS-sponsored ice cream social at the end of the year!

Please have a supervising adult sign off on your hours and return this form to the FOPBSS mailbox in the front office. Thank you!

Questions? Contact mbhsfriends@yahoo.com

Description of Service	Hours	Supervising Adult Name	Supervising Adult Signature